

**DES MOINES PUBLIC SCHOOLS EARLY CHILDHOOD  
PHYSICAL EXAM**

Student Name \_\_\_\_\_ Gender \_\_\_\_\_ Birthdate \_\_\_\_\_

Parent/Legal Guardian Name \_\_\_\_\_

Physician's Name \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_

Allergies: Foods \_\_\_\_\_ \*Physician must complete and sign DMPS Diet Modification Form!

Medications \_\_\_\_\_ Other \_\_\_\_\_

**Immunizations:** Attach Iowa Certificate of Immunizations (must be up-to-date for age)

**PHYSICAL ASSESSMENT:**

	NORMAL (X)	ABNORMAL (X)	COMMENTS (REQUIRED FOR ABNORMAL)
SKIN			
HAIR & SCALP			
EYES			
EARS			
NOSE/THROAT			
MOUTH/TEETH			
LYMPH NODES			
CARDIOVASCULAR			
RESPIRATORY			
GASTROINTESTINAL			
GENITOURINARY			
NEUROLOGICAL			
MUSCULOSKELETAL			
ENDOCRINE			
ABDOMEN			
NUTRITION			
APPEARANCE			
DEVELOPMENT			
OTHER			

**REQUIRED FOR ALL STUDENTS**

LAB RESULTS FROM ANY EXAM: Hgb or Hct \_\_\_\_\_ & Date \_\_\_\_\_ Lead \_\_\_\_\_ & Date \_\_\_\_\_

VITALS FROM TODAY'S EXAM: Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_

**ATTENTION PROVIDER: A TB test is required if this student is found to be at high risk:** TB Test \_\_\_\_\_ & Date \_\_\_\_\_

Activity Restrictions \_\_\_\_\_

Conditions that might affect school performance \_\_\_\_\_

Licensed Health Care Provider Signature \_\_\_\_\_

Exam Date \_\_\_\_\_ Clinic Name \_\_\_\_\_ Address \_\_\_\_\_

I hereby authorize my child's health care providers to release to Des Moines Public Schools Early Childhood Programs and exchange between each other information contained in the clinical records of \_\_\_\_\_ (student's name). Redislosure to any 3<sup>rd</sup> Parties is prohibited without my written consent.  
Parent/Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_